



Fee Schedule

Nutrition Appointments:

(All prices are for individuals.)

- Intake/first appointment	\$294 (50-60 minutes) - Insurance \$200 (out-of-pocket discounted rate)
- Follow-up appointments	\$270 (50-60 minutes) - Insurance \$180/hour (out-of-pocket discounted rate)
• 4-session package	\$680 (\$170/session)
• 6-session package*	\$990 (\$165/session)
• 12-session package*	\$1920 (\$160/session)
• 24-session package*	\$3600 (\$150/session)

All fees for packages paid in full.

Please note that, Initial appointments are not included in packages.

*Payment plans may be set up, \$10/month finance fee applies.

Late Cancellation/No-Show Fee**	\$175
Private Grocery Store Tour (3 people max)	\$95/HOUR
Grocery tour/ pantry overhaul Package	\$195 for one person, \$225 for two people (one pantry)

**Please see our Cancellation/No-Show policy on the next page.

Cancellation/No-Show Policy

We have a 48-hour cancellation policy (or 2 *business* days; **our business days are Monday through Friday**), with a \$175 late cancellation fee, which cannot be billed to insurance. We try to refill cancelled spots so that we can accommodate all clients waiting to see us. Thank you for helping us do this.

To illustrate this: if your appointment is on Monday at 2 pm, we need to hear from you by Thursday at 2 pm to avoid the late cancellation charge.

Please let us know as soon as possible if you need to reschedule an appointment. The easiest way to reschedule is to go online by clicking the link located in your appointment confirmation email; cancel your current appointment and then reschedule a new one. This option is only available for appointments two days or more out. If you are cancelling within two days of your appointment, or do not want to use the online scheduling tool, please call the office.

Medicare/Medicaid and United Health Care

At this time, **I do not accept Medicare or Medicaid** as they do not have adequate coverage for nutrition, *even if you have secondary insurance with one of the insurance providers noted above*. Specifically, they only cover RDNs and not CNs, but more importantly they only cover nutrition services for Diabetes and End Stage Renal Disease.

In addition, **I do not accept United Health Care** as I am considered out-of-network, which means the visit is rarely covered. I can provide you with a Superbill that you can submit for possible reimbursement by Medicare, Medicaid, and/or United Health Care.